



Personal Care Management Program

For more information about this and other services, check out our website at

www.accesscarepartners.org

Serving Holyoke, Chicopee, Ludlow, Granby, Ware, South Hadley, Belchertown & many surrounding communities.

Access Care Partners is supported in part by Older Americans Act funding from the MA Executive Office of Aging & Independence, the Administration for Community Living and private funding sources.

Access Care Partners

formerly WestMass ElderCare

4 Valley Mill Road
Holyoke, MA 01040

413.538.9020 • TTY: 800-875-0287
info@accesscarepartners.org



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At Access Care Partners, our mission is to preserve the dignity, independence, and quality of life of older adults and persons with disabilities and chronic conditions **OF ALL AGES.**

What is PCM?

The Personal Care Management Program (PCM) is a self-directed and self-managed program. Our team is here to support and guide you in learning how to manage your program as an employer of personal care attendants (PCAs) who provide you with the physical assistance needed to remain at home and in the community.

Who We Serve

- Children age 3+ and adults with a chronic or ongoing disability or illness which affects their functional abilities.
- Enrolled in MassHealth Standard or CommonHealth.
- Need daily hands-on, physical assistance to complete at least two Activities of Daily Living (ADLs):
 - Mobility/Transfers
 - Bathing/Grooming
 - Dressing/Undressing
 - Toileting
 - Eating

Benefits of the PCM Program

- **Independence & Autonomy** – Empowers individuals with disabilities and older adults to live independently in their homes.
- **Consumer-Directed Care** – Participants have the flexibility to hire, train, and manage their own caregivers, ensuring personalized support.
- **Assistance with Daily Activities** – PCAs help with tasks like bathing, dressing, mobility, meal preparation, and light housekeeping.
- **Enhanced Quality of Life** – Provides essential support that allows individuals to stay engaged in their communities.
- **Support for Family & Friends** – Allows eligible family members (excluding spouses or legal guardians) to be paid caregivers, easing financial strain.
- **Guidance in Managing Your PCA** – Access to support and resources to help with hiring, training, scheduling, and supervising your PCA.

Call Us Today!