

For more information about these and other programs and services, check out our website at www.accesscarepartners.org

Serving Holyoke, Chicopee, Ludlow, Granby, Ware, South Hadley, Belchertown & many surrounding communities.

Access Care Partners is supported in part by Older Americans Act funding from the MA Executive Office of Aging & Independence, the Administration for Community Living and private funding sources.



formerly WestMass ElderCare

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## Family Caregiver Support



formerly WestMass ElderCare



Caregiving can be challenging, but you don't have to do it alone.

Access Care Partners' compassionate team is here to EMPOWER and SUPPORT you—at no cost to you.

## How We Help

- Personalized Guidance: One-on-one consultations to assess your unique caregiving needs and connect you with resources.
- Respite Care Options: Take a break while ensuring your loved one receives quality care.
- Education & Training: Learn practical caregiving techniques, including dementia care strategies and assistive technology.
- Support Groups & Counseling: Connect with others who understand your journey, share experiences, and receive emotional support.
- Resource Navigation: Access local programs and services to help you manage daily caregiving responsibilities.
- Financial Assistance: Small grants available for immediate caregiving needs, such as medical equipment or home modifications.

## Why Call Us?

Caring for a loved one is meaningful and fulfilling—but it can also be overwhelming. You don't have to navigate this journey alone. Our Family Caregiver Support Program is here to provide guidance, resources, and support tailored to your needs.

## Who We Support

- Family members providing care for an aging loved one
- Grandparents (55+) raising grandchildren
- Relatives (55+) supporting individuals with disabilities

Call Us Today!